

Acupuncture Patient Information Sheet

Please Read - Details of new procedures to protect against transmission of Covid-19, June 2020

Dear Patient,

As you will be aware all public places have created new arrangements for visitors to follow for their safety and the safety of others. Please read through these **before attending the clinic.**

There are 2 associated forms that you will also need to read, complete and sign before your treatment:-

- a) Covid-19 BAcC Health Information Consent Form**
- b) Covid-19 Clinic Risk Assessment Form**

Social distancing

We ask all visitors to the clinic to maintain a two metre distance from all other people in the clinic at all times. The only exception to this is with your practitioner who will let you know when it is appropriate to approach under two metres and for how long.

1. Before arrival

If you or someone you live with develops symptoms of Covid-19 by the time of the appointment, it is essential that you contact us **before attending the clinic.**

2. Attendance

For social distancing reasons, unless you require assistance for specific support and care needs, we ask you to come alone for the appointment where possible unless a chaperone, translator, parent or carer is required.

3. Belongings

Please leave accessory items (bags and coats) in the car, or travel with as little as possible.

4. Entering the clinic We have spaced out patient arrivals and departures so that all visitors to the clinic can remain socially distanced.

You will receive a specific time for arrival. We would be grateful if you could enter the clinic at exactly that time. The reception area is unavailable for waiting.

Please also note that you may be required to exit from the building through another door

5. Handwashing

Please sanitise your hands immediately upon entering the clinic. You will be directed to the appropriate facilities. Please also sanitise your hands before leaving the clinic.

6. Reception services

In order to protect reception staff they will be required to have minimal contact with patients.

Please also note that we will be unable to offer refreshments/water to patients at this time.

7. Face mask

We are recommending that patients wear ordinary surgical masks to the clinic.

Please bring your own. As you will be aware PPE is in very short supply so we would like to limit the number of masks we have to make available for purchase on arrival to the absolute minimum. Your co-operation is appreciated.

8. Respiratory hygiene

If you need to sneeze or cough while in the clinic, please do so into a disposable tissue and throw it away immediately. Please wash your hands immediately after doing so.

9. Practitioner PPE

The practitioner will already be in PPE on your arrival into the treatment room.

10. Hygiene during treatment

- The practitioner will engage in WHO standard hand washing prior to taking your pulses
- Pulse positions on the wrist may be cleaned with alcohol
- Once the needles have been inserted the practitioner will depart from the room in order to maintain social distancing limits

11. Covers

Please note that we will not be able to offer blankets at this time. If you think that you might be cold **please bring a cover with you.**

12. Payment

Payment will continue to be taken by cash or cheque (or card for Paul). If paying by cash please present the cash in an envelope if possible. If paying by cheque please write out your cheque before arrival or remember to bring your own pen with you if possible. Receipts will be provided as usual.

13. Appointments

You will be able to make an appointment with the receptionist/practitioner before departure from the building or alternatively please ring us if you prefer.

We hope that this will reassure you of our best intentions to make your attendance for treatment as safe as possible. However, if you have any further questions, please let us know.

With many thanks for your co-operation at this challenging time

